

Let's garden using your 'worm castings'

Worm castings increase the water holding capacity of our soil and contain a healthy number of beneficial micro-organisms that metabolise nutrients and release them to plants as needed.

Note. You can also use your worm leachate (worm wee) dilute 1:10 with water before using on your garden.



1. Worms don't like the sun. Play a game of hide and seek placing the worm castings in the sun, wait a few minutes for them to wriggle down out of sight and remove the castings from around the edge and on top. Gently put your worms away in their home.



2. Prepare a hole in the ground for where you would like to place your plant or cutting. Re-using old spoons as diggers work perfectly for little hands.



3. Sprinkle a handful of worm castings into the bottom of the prepared hole before planting your plant or cutting.

Extra plants can be shared with your services families and community.

