

Little Green Steps WA - Make your own Eco-Friendly and antibacterial Liquid Hand Soaps

In these uncertain times, we are all trying to find ways to bring meaning and purpose to our lives and one project which may help you to stay healthy and stretch your budget further is to make your own liquid hand soap.

Little Green Steps WA has been researching easy methods, that are tried and true using both easy to access and natural ingredients such as <u>solid castile</u> or <u>liquid castile soaps</u> (with no nasty petrochemicals) and we have a few online recipes worth sharing. Castile soap originated in Spain made originally from olive oils and is a disinfectant thus it kills 99% of germs. By adding tea tree oil to your recipes instead, you can make them anti-bacterial (thus killing 99.9% of germs).

This <u>recipe</u> is very easy and fast to make, using liquid castile soap and tap water as opposed to distilled with a focus on citrus as the essential oil. These <u>two recipes</u> emphasise 'how little you need to get the job done'. The solid castile soap recipe cooks up enough liquid soap to fill 5 largish storage containers!

Please note - some online stores may not be operating at the moment as they are using supplies to support <u>retailers</u> in these strange times and so we have also shared a recipe that <u>re-uses old soap</u> bars and a recipe to <u>make your own soap bars</u> too before turning <u>them into liquid soap</u> using the antibacterial properties of eucalyptus and mint.

Enjoy venturing into the world of liquid soap making..



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